

Feeding Frenzy C a t e r i n g

TRYING TIMES 2020 INDIVIDUAL BOXED MEAL MENU

***All items on this menu are served in individual portions with individual utensils, napkins and wet naps. To keep things fresh, we are keeping very few ingredients on hand. Please give us at least 2 business days' notice. If you can't, just give us a call and we'll let you know what we can do.**

BREAKFAST BOXES

CONTINENTAL BREAKFAST BOX 6.25

Includes your choice of a freshly baked muffin, a bagel with cream cheese or a coffee cake; a cup of fresh fruit salad and a bottle of juice (minimum 8)

INTERCONTINENTAL BREAKFAST BOX 8.95

Includes fresh fruit salad cup, assorted cheeses with crackers, a container of yogurt and a bottle of juice. (minimum 8)

BAGEL SANDWICH BOXED BREAKFAST 6.95

Choose from: cream cheese, bacon and tomato on a sesame bagel; strawberry and cream cheese on a raisin bagel; cucumber, onion and herbed cream cheese on an everything bagel; lox with cream cheese and tomato on a poppy bagel. Each comes with an apple and a bottle of juice (minimum 8)

MONTEREY BREAKFAST BOX 7.45

With low fat yogurt, crunchy granola, fresh fruit salad, butter croissant and bottled juice (minimum 8)

WHOLE FRUIT BREAKFAST BOX 5.25

Includes a banana, apple, granola bar and a bottle of juice (minimum 8)

INDIVIDUALLY WRAPPED HOT BREAKFAST SANDWICHES 7.95

***HOT BREAKFAST SANDWICHES ARE NOT INDIVIDUAL BOXES BUT ARE WRAPPED SEPARATELY**

On English muffins, bagels and biscuits filled with: eggs, bacon and cheese; ham, egg and cheese; sausage egg and cheese; egg and cheese. Spicy ham and cheese? Just ask. Served with individual bottled juices on the side. (10 guest minimum)

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CLASSIC SANDWICH BOXES 10.90

All Sandwich Boxes include potato chips, seasonal fruit, cookie, wet nap and utensils.

ROAST BEEF—Our own thinly sliced beef with Swiss cheese, lettuce and tomato on marble rye

TURKEY—Lite and lean turkey breast with leaf lettuce and tomato on a whole wheat roll

TAVERN HAM—Ham with Swiss cheese and spicy brown mustard served on marble rye

TUNA SALAD—Our own, topped with Provolone cheese, lettuce, tomato, on a whole wheat roll

CHICKEN SALAD—Our own chicken salad with leaf lettuce and tomato on a Kaiser roll

SPECIALTY SANDWICH BOXES 11.45

All Specialty Boxes include potato chips, seasonal fruit, cookie, wet nap and utensils.

(minimum 3 boxes of each type)

BLACKENED CHICKEN BREAST- Served with mango salsa and field greens on Ciabatta roll

ROAST TURKEY and AVOCADO- Served on a croissant with arugula and roasted tomato

MINI HERO-A fresh torpedo roll stuffed with lettuce, tomato, red onion and your choice of roast turkey breast, roast beef, chicken salad, tuna salad, roasted veggies or Italian cold cuts

ROASTED VEGETABLE- Oven roasted vegetables with Provolone cheese, roasted peppers, onions, lettuce and tomato on a Ciabatta roll.

TOMATO, FRESH BASIL and MOZZARELLA - on a Ciabatta roll with balsamic vinaigrette

KOSHER CORNED BEEF- on marble rye with sides of coleslaw and Russian dressing

RADICAL WRAP BOXES 11.45

(minimum 3 boxes of each type)

All Radical Wrap Boxes include potato chips, seasonal fruit, cookie, wet nap and utensils.

BUFFALO BETTY: Our blackened chicken with shredded carrots, lettuce, real blue cheese, and our zesty hot sauce.

FLAMING AMY: Homemade hummus, black olives, lettuce, salsa, cool cucumbers, and frenzy balsamic vinaigrette.

SUPERWOMAN: Fresh veggies, hummus, and topped with Frenzy balsamic vinaigrette.

SUPERMAN: With fresh veggies, herbed cream cheese, sunflower seeds with Frenzy balsamic vinaigrette

BLOND BOMB: Our zesty blackened chicken, crisp bacon, roasted peppers & onions and ranch dressing.

CAESAR'S WRAP: With zesty blackened chicken, chopped lettuce, fresh homemade salsa and grated Romano cheese

BOB'S BURRITO: Homemade chicken salad with lettuce, salsa, American cheese & our own honey Dijon dressing.

WEST COAST: tender turkey breast with crisp bacon, fresh greens with basil & tomato mayo

L. SPECIAL: char grilled chicken, bacon, candied walnuts, fresh lettuce, tomato and ranch.

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CLUB SANDWICH BOXES 11.95

(minimum 3 boxes of each type)

Club sandwich Boxes include potato chips, seasonal fruit, cookie, wet nap and utensils.

Choose from; turkey and bacon on whole wheat, roast beef and bacon on rye, chicken salad and bacon on sour dough. Club boxes all have lettuce and tomato and are pre-dressed for easy eating.

SALAD BOXES 11.45

All Salad Boxes are served with a fresh baked roll, butter, seasonal fruit, wet nap and utensils.

BLACKENED CHICKEN BREAST—Served with mango salsa over field greens

ANTIPASTO-Hard salami, spicy ham and aged provolone with roasted peppers, onions, mushrooms, Greek olives, celery and hard cooked egg. Dressing on the side

COBB SALAD-Our market salad topped with bleu cheese, smoked bacon, grilled chicken and candied walnuts with balsamic vinaigrette on the side

GREEK SALAD-Chopped lettuce, Kalamata olives, Feta cheese, cucumber and tomato with balsamic Vinaigrette on the side

ROASTED VEGETABLE SALAD—Market salad topped with home roasted veggies and Canadian cheddar cheese accompanied by balsamic vinaigrette

SMOKED SALMON SALAD- Kalamata olives, berry tomatoes, red onion and cucumber **12.45**

KITCHEN SINK SALAD-Roasted vegetables, home made hummus, salsa, grilled chicken, bleu cheese and balsamic dressing on the side

CHEF SALAD -Tavern Ham, roast turkey, Swiss cheese and hard-boiled egg.

GRILLED CHICKEN CAESAR-With freshly grated Romano cheese, homemade croutons and dressing on the side

TURKEY WALDORF-With pineapples, grapes, candied walnuts and Granny Smith apples **12.45**

Gluten free add \$2.25

Replace seasonal fruit with fresh fruit salad add \$1.00

BEVERAGES

Beverage bar
(assorted soda, water and iced tea) 1.65
Assorted sodas 1.25

Bottled Iced Tea 2.25
Spring water 1.35
Assorted bottled fruit juices 2.25

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